CARES Approved Professional Growth Guidelines

The Sacramento CARES Program is committed to the continuing professional development of ECE professionals. Tracks 2B and 5 are designed to encourage professionals to continue their professional growth and remain current in ECE trends and best practices.

To be considered for a stipend, participants will need to choose professional opportunities that align with those that have been identified below. Approved trainings are intended to align with the requirements of Raising Quality Together (RQT), Sacramento County’s tiered quality rating and improvement system. Approved trainings include certified trainings by the Quality Child Care Collaborative (QCCC) and the California Department of Education (CDE).

Participants who choose to complete college coursework as professional growth activities must take courses from an accredited college as listed below:

- Coursework required to earn a child development permit: ESL, linked study skills classes that help a participant gain skills that enable him/her to take Permit applicable ECE classes, unit-bearing ECE, ECE lower division core 8, GE classes applicable toward the Child Development Permit and/or an AA degree in Child Development or a related field.

Routine planning, extra curricular activities and training that is required and part of your regular employment cannot be counted for CARES professional growth hours.

Professional Growth Verification:

Applicants pursuing professional growth hours (tracks 2B and 5) will submit the certificate received from the training. The official certificate must include the name of the sponsoring organization, participant name, hours of training, and the date of the training. A conference program and materials from workshop sessions attended should be submitted.

Approved training topics include:

- CA Infant/Toddler and Preschool Learning and Development Foundations
- Infant/Toddler and Preschool Curriculum Framework
- Preschool English Learner (PEL) Guide
- Early Childhood Educator Competencies
- Center on the Social and Emotional Foundations for Early Learning (CSEFEL)/Teaching Pyramid
- WestEd Program for Infant-Toddler Care (PITC)
- Desired Results Developmental Profile (DRDP)
- Ages & Stages Questionnaire (ASQ)
- Ages & Stages Questionnaire Social-Emotional (ASQ-SE)
- UC Davis Family Child Care at Its Best
- UC Davis School Readiness Series
- UC Davis Leadership Series
- Classroom Assessment Scoring System (CLASS)
- Environment Rating Scale (ERS)
- Program Administration Scale (PAS)
- Business Administration Scale (BAS)
- California Preschool Instructional Network (CPIN) trainings
- Understanding Temperament
- Impacts of Violence on Children
- Discipline with Dignity
- Strengthening Families
- Brazelton Touchpoints Training
- Child Care Initiative Project Trainings – 8 part series & Retention Training
- NAEYC or CAEYC Conferences
- Child Development Permit Process Workshop